

OXFORDSHIRE & NORTH BUCKINGHAMSHIRE COUNTIES ASA

Affiliated to the Amateur Swimming Association (South East Region)

Championship and Age Group Competitions 2010

(Under ASA Laws and ASA Technical Rules of Racing)

This event is licensed by the ASA for entry into National Competitions and Championships

PROMOTERS CONDITIONS

1. The Championships and Competitions shall be open to any member of a club affiliated to the County Association who is eligible within the meaning of ASA Law.
A swimmer must have been a registered member of the club in whose name he is entered at least 60 days prior to the first day of competition which is 14th February 2010.
2. A swimmer who has entered the Championships or Age Group Competitions of another County in the same calendar year will not be eligible to compete.
3. The Age Group of swimmers will be determined by their age as on the last date of the competitions, which for 2010 will be **“age as at 14th March 2010“**.
4. Ages will be 9yrs, 10yrs, 11yrs, 12yrs, 13yrs, 14yrs, 15yrs, 16yrs, 17yrs and over.
ASA Law 411.5.4 ... The age specified shall be the age of the swimmer at midnight on the final day of the competitions.
5. For competition purposes Juniors are defined as aged 16 or under on the last date of the competition. For record purposes Juniors are defined as aged 16 or under as at 31st December 2010.
6. These Championships and Competitions have been licensed by the A.S.A. for entry into National Championships and Age Group Competitions and all swimmers must be A.S.A. registered. A.S.A. registration number will be required with all entries and the term **“REGISTRATION APPLIED FOR“** will not be accepted. The promoter reserves the right to ask for proof of registration. It is to be understood that results are submitted to the A.S.A. for inclusion into National Ranking Lists.
7. All events entered by a swimmer, including relays, shall be in the name of **ONE CLUB ONLY**.
8. Entry for all events, with the exception of 800m, 1500m and Relays, shall be by considered entry times. For seeding purposes entry times must be submitted for the 800m, 1500m and Relay team events, failing to submit a time will result in exclusion of the swimmer/team from that event. Dependent on the number of entries the Promoter reserves the right to restrict the number of entries to facilitate the meet running time.(i.e. the slowest entries may be rejected). Any rejections will be spread evenly across all Age Groups.
9. Accepted entries will be posted on the County Association’s website. Any errors found are to be reported to the Promoter with in two week’s of the posting date, corrections after this time period will be at the discretion of the Promoter.
10. Once entries have been accepted, the entry fee shall become non refundable.
11. Submitted times for all events other than 800m and 1500m must have been achieved not more than eight months prior to the closing date for entries (that is between 25th May 2009 and 25th January 2010) and confirmed by entering the date, competition and venue at which the time was achieved on the entry form. Submitted times for 800m and 1500m events must have been achieved not more than twelve months prior to the closing date for entries (that is between 26th January 2009 and 25th January 2010). Time Trial times will be permitted providing they have been

achieved under appropriate conditions according to ASA Laws and Technical Rules of Racing.

The closing date for the submission of entries is 25th January 2010.

12. Entry forms incomplete, illegible or not signed by an identified Club Coach or Official are likely to be rejected, as indeed are any photocopied signatures. In order to reduce the number of separate cheques and envelopes received as well as improve the accuracy of the information provided by swimmers; parents and coaches of ALL CLUBS must complete an ENTRIES SUMMARY FORM incorporating all of their swimmers' entries and this form should be accompanied by a single cheque representing the total cost of their swimmers' entries.
13. In the relevant Age Groups the Competitions will be based on the Long Term Athlete Development document (LTAD). Bagcat points will be applied from heat swims only where there are finals in that event.
14. Heats will be swum fully integrated and in ascending time order. The final heat for H.D.W. events will be in spearhead formation. In events where Finals are to be swum the fastest eight in each Age Group will swim in separate Age Groups.
15. Individual Events

1500m Freestyle and 800m Freestyle events are Heat Declared Winner (HDW)

Age Groups are

Boys (1500m) - 11yrs and over

Girls (800m) - 10yrs and over

These will be Championship Events. No Age Group Awards will be made.

The fastest 48 entries will be accepted for the 1500m and the fastest 56 entries will be accepted for the 800m.

Awards will be made to those placed 1st, 2nd and 3rd in both the Championship and the Junior Championship.

Lap cards will be located at the start/finish end of the pool.

400m Freestyle and 400m Individual Medley events are Heat Declared Winner (HDW)

Age Groups are

Boys - 10yrs and over

Girls - 10yrs and over

200m all strokes and 200m and 100m Individual Medley are Heat Declared Winner (HDW)

Age Groups are

Boys - Open

Girls - Open

100m all strokes, Heats and Finals

Age Groups are

Boys - 11yrs and over. 11 yrs are Heat Declared Winner (HDW)

Girls - 10yrs and over. 10 yrs are Heat Declared Winner (HDW)

50m all strokes. Heats and Finals

Age Groups are

Boys - Open. 9 yrs are Heat Declared Winner (HDW)

Girls - Open. 9 yrs are Heat Declared Winner (HDW)

Awards will be to the first eight in each Age Group in LTAD format, the first eight in each BAGCAT Age Group Event, as well as the first eight in each over BAGCAT Age Group Event (Girls age 14 and over, Boys age 15 and over) as well as to those placed 1st, 2nd and 3rd in the Championship and the Junior Championship.

16. Relays are Heat Declared Winner (HDW)

Age Group Relays will be

4 x 50m Freestyle

4 x 50m Medley.

Age Groups are

Boys - 9 / 10 years, 11 / 12 years and 13 / 14 years

Girls - 9 / 10 years, 11 / 12 years and 13 / 14 years

Ages determined as at 14th March 2010.

Championship and Junior Championship Relays will be

4 x 50m Freestyle

4 x 50m Medley

4 x 100m Freestyle

4 x 100m Medley.

Awards will be to the first, second and third teams in each event and to the Junior Championship and Championship winners.

Team declaration forms must be submitted to the Promoter at the start of the Gala in which the events are due to be swum. The form should give the names of the four members of the team and **their correct swimming order.**

N.B. Swimmers who are prohibited from swimming 100m BAGCATS are not allowed to be included in the Championship or Junior Championship 4 x 100m relay events.

17. All galas will be held in 25m pools. All Finals will be 8 lanes.
18. With the exception of Backstroke and Medley Relays, all other starts will be 'OVER THE TOP' and it is requested that all swimmers pull into the corner of the wall and lane rope immediately they complete their swim.
19. Warm up Periods will be allocated on an equal time basis with the sex that starts the Gala warming up first. Warm up procedure will be published prior to the events and will be displayed on the wall for each Gala. Coaches and Team Managers are requested to ensure that their swimmers warm up at the appropriate times.
20. Coaches and Team Managers are also requested to ensure that their swimmers, suitably attired, are available for the Championship and Junior Championship presentations which will take place at the end of the Gala in which they are being swum.

21. Cups and Trophies will be engraved by the County A.S.A. on their recall.
22. Entry cards for all events in a particular gala must be posted **NO LATER THAN 15 min. AFTER THE PUBLISHED WARM UP START TIME FOR THAT GALA.** The card boxes will be open 15 min. before the start of warm up. The inclusion of late cards will be at the discretion of the Promoter. Due to the nature of the timing and computer link, after the heats have been processed late cards will only be considered for entry into the spare lanes (if any) of the first few heats, on a first come first served basis and lane changes will NOT be permitted.
23. All competitors should report to the Clerk of the Course TWO events before their own event is due to be swum or when called in the distance meets. When a card for a swimmer is 'posted', the swimmer will be assigned to a heat and lane in the event. Swimmers will not be paged. If you are not available for your swim, you will NOT be allowed to swim later in the event.
24. **WITHDRAWAL FROM FINALS** - Any finalist or first and second reserve for a final who does not wish to swim in that final must declare their intentions to the Promoter. This should be done prior to the conclusion of the morning (Heats) session. Swimmers from the last two events in that session have up until 15 minutes from the conclusion of the session to make their intentions know. It follows that all those announced as reserves should make themselves available for 15 minutes after the end of the session to see if they are required to swim in the Final. The Promoter will be available in the Administration Area and swimmers wishing to withdraw must do so in person. Swimmers wishing to withdraw will be asked to sign a slip of paper which will be countersigned by the Promoter evidencing the withdrawal and a copy of that slip will be handed to the swimmer. **Failure to comply with this procedure will result in the relevant swimmer being WITHDRAWN, without refund, from the remainder of the Championships and Competitions.**
25. A person whose name does not appear in the Gala Programme (in an event), errors and omissions excepted, **will not be permitted to swim or to undertake a time trial at any time during the Competitions.**
26. Swimmers holding a Certificate of Swimming Disability, signed by the A.S.A. Medical Officer or a Functional Ability Card must submit it to the Referee via the Promoter, at the beginning of the session in which they intend to swim.
27. The Electronic Timing Display is only provisional and may be over ruled by the Referee.
28. The use of klaxons, whistles (except by gala officials) rattles or other aids for encouragement is not permitted.
29. The promoter reserves the right to refuse admission to any competitor or spectator
30. Appointment of a Jury of Appeal at the discretion of the Promoter.
31. In the event of a Protest, prior to the commencement of the Gala the Promoter, being the Hon. Swimming Secretary of the Oxfordshire & North Bucks A.S.A. will take receipt of the protest and will forward it to the appointed Lead Referee, who will take action to resolve the protest. Protests during or immediately after a Gala should be directed to the event Referee or Lead Referee.
32. In accordance with A.S.A. policy on Child Protection and in conjunction with Pool Management **NO PHOTOGRAPHY WILL BE PERMITTED BY SPECTATORS, COACHES, OFFICIALS or COMPETITORS.**
The exception to this may be the taking of photographs by a County appointed official Sports

photographer complying with the relevant Child Protection Procedures and CRB Checked.

The use of mobile phones **IS NOT PERMITTED** within the environs of the competitive pool.

33. The Top Age Group Award will be made to the Club who have the greatest aggregate of points awarded on the basis of 8,7, 6,5,4,3,2,1 for 1st, 2nd, 3rd,4th, 5th,6th, 7th and 8th places in Finals and Heat Declared winner events for all Age Groups, 9yrs to 17yrs and over. Such events to include the Age group Relays 9/10, 11/12 and 13/14 years, all Championship events including the Junior and Championship relay events, but excluding SKINS events. The Top Junior Club Award shall be made on the same basis but the Age Groups will be 9 years through to 13 years and shall include the 9/10 years and 11/12 years relay events but **exclude the 13/14 events**.

34. **SKINS**

The eight fastest swimmers from the heats of the 200m individual medley events (Male and Female) shall qualify for the SKINS finals. Swimmers will be seeded in spearhead order, seven heats swum at three minute intervals, the slowest swimmer from each heat shall be eliminated, the fastest swimmer in the final heat shall be the winner. Swimmers will remain in the same lane for all qualifying heats of the event. Swimmers will be responsible to be at the start blocks for the time of their heat, **swimmers will not be reinstated if they miss their heat**. Slowest swimmers who dead heat will remain in the event for the next heat, two will be eliminated from this heat. The two fastest swimmers will swim in lanes four and five in the final heat, the fastest from the last qualifier swimming in lane four. In the event of a dead heat in this heat the swimmers shall swim again. The stroke to be swum for each heat will be decided by draw. The referee will make the draw for the first round with the subsequent rounds being drawn by the eliminated swimmer.

Example:- Round 1 - backstroke,
Round 2 - breaststroke,
Round 3 – breaststroke,
Round 4 – butterfly, etc.

THIS IS NOT A CHAMPIONSHIP EVENT NO POINTS WILL BE AWARDED TOWARDS THE TOP AGE GROUP AWARD

35. In the interests of Health and Safety at the end of each event swimmers must remain in their lanes in the pool until released by the referee.
36. Large bags will not be permitted on poolside at the Aqua Vale venue.
37. DATA PROTECTION ACT 1984 - Personal information submitted to this meet is held on a Data Base and consent is therefore assumed to hold and disclose this information as necessary.
38. All swimmers must have achieved the ASA Competitive Start Award or the preliminary to it.
39. Any matter not covered in these conditions shall be decided by the Executive Committee of the Oxfordshire & North Bucks A.S.A. subject to A.S.A. Law.