

	Sep-09	Oct-09	Nov-09	Dec-09	Jan-10	Feb-10	Mar-10	Apr-10	May-10	Jun-10	Jul-10	Aug-10	
Sunday			BR03 1									1	Sunday
Monday			IM04 2			1	BC03 1					2	Monday
Tuesday	1		FC01 3	FC04 1		BR04 2	FC01 2			1		3	Tuesday
Wednesday	2		4	2		3	3			2		4	Wednesday
Thursday	IM01 3	FC06 1	BC03 5	BR01 3		IM01 4	IM05 4	IM02 1		FC02 3	IM01 1	BR01 5	Thursday
Friday	4	2	6	4	1	5	5	2		4	2	6	Friday
Saturday	IM02 5	IM07 3	BR01 7	BC01 5	2	BC02 6	BC01 6	3	BR01 1	IM03 5	BR01 3	7	Saturday
Sunday	BR04 6	BR07 4	8	6	3	BR07 7	FC03 7	4	IM02 2	6	4	8	Sunday
Monday	7	5	FC05 9	FC01 7	4	FC02 8	BR02 8	5	FC05 3	BR03 7	5	9	Monday
Tuesday	8	BC06 6	BC02 10	IM04 8	5	IM06 9	IM03 9	6	BC02 4	FC07 8	6	10	Tuesday
Wednesday	9	7	11	9	6	10	10	7	5	9	7	11	Wednesday
Thursday	FC01 10	FC05 8	IM05 12	BC02 10	IM03 7	BC03 11	BC03 11	IM03 8	BR02 6	BC03 10	FC01 8	FC01 12	Thursday
Friday	11	9	13	11	8	12	12	9	7	11	9	13	Friday
Saturday	BC01 12	BC03 10	AC 14	BR02 12	BC04 9	FC02 13	BR01 13	FC02 10	SC 8	FC03 12	BC01 10	14	Saturday
Sunday	13	11	FC03 15	FC07 13	FC08 10	14	14	11	9	BR07 13	IM04 11	15	Sunday
Monday	BR01 14	IM08 12	BC01 16	14	11	15	FC01 15	12	10	IM07 14	12	16	Monday
Tuesday	FC04 15	BR07 13	IM02 17	15	12	16	BR04 16	13	FC01 11	BC06 15	13	17	Tuesday
Wednesday	16	14	18	16	13	17	17	14	12	16	14	18	Wednesday
Thursday	IM03 17	FC01 15	BR02 19	IM02 17	IM07 14	IM01 18	BC01 18	BC03 15	BC03 13	FC05 17	BR02 15	IM01 19	Thursday
Friday	18	16	20	18	15	19	19	16	14	18	16	20	Friday
Saturday	BR02 19	BR05 17	IM01 21	BC03 19	BR03 16	BC01 20	IM01 20	IM07 17	SC 15	BR05 19	FC02 17	21	Saturday
Sunday	IM04 20	IM06 18	22	20	17	BR03 21	FC04 21	BR07 18	IM01 16	20	18	22	Sunday
Monday	FC02 21	BC04 19	BR01 23	21	BC07 18	FC05 22	22	19	BC01 17	BC04 21	19	23	Monday
Tuesday	BC05 22	BR08 20	BC04 24	22	IM05 19	IM02 23	23	20	BR04 18	FC08 22	20	24	Tuesday
Wednesday	23	21	25	23	20	24	24	21	19	23	21	25	Wednesday
Thursday	BR03 24	FC02 22	FC02 26	24	BR05 21	BC03 25	BR01 25	FC03 22	FC01 20	IM08 24	BC02 22	FC02 26	Thursday
Friday	25	23	27	25	22	26	26	23	21	25	23	27	Friday
Saturday	FC03 26	IM01 24	AC 28	26	FC02 23	BR01 27	BC02 27	IM01 24	BC02 22	BC07 26	IM02 24	28	Saturday
Sunday	27	25	BC05 29	27	BC06 24	28	28	25	23	FC06 27	25	29	Sunday
Monday	BC02 28	26	IM01 30	28	BR06 25		29	BC01 26	BR01 24	BR06 28	26	30	Monday
Tuesday	IM05 29	27		29	FC04 26		30	BR03 27	FC04 25	BC08 29	27	31	Tuesday
Wednesday	30	28		30	27		31	28	26	30	28		Wednesday
Thursday		FC02 29		31	BC01 28			FC02 29	IM02 27		BC01 29		Thursday
Friday		30			29			30	28		30		Friday
Saturday		BC01 31			IM08 30				BR02 29		31		Saturday
Sunday					31				BC05 30				Sunday
Monday									31				Monday

AC Autumn Champs

HX Counties 2009

SC Spring Champs

There will be no training on the morning of the Spring and Autumn Champs

There will be training on the Counties Weekends