A Squad

	Thu	Sat	Sun	Mon	Tue	Thu	Sat	Sun	Mon	Tue	Thu	Sat
Swimmer	05-Jan	07-Jan	08-Jan	09-Jan	10-Jan	12-Jan	14-Jan	15-Jan	16-Jan	17-Jan	19-Jan	21-Jan
Ami Pantridge												
Bryn Smith												
Connor McKillop												
Emma Hammond												
Fabrice Hammerlindl												
Finn Bailey												
Harri Ravenscroft												
Joseph Lawrie												
Lewis Bailey												
Matthew French												
Richard Ushiro-Lumb												
Sian Wotherspoon												
Tommy Ruler												

	Sun	Mon	Tue	Thu	Sat	Sun	Mon	Tue	Thu	Sat	Sun	Mon
Swimmer	22-Jan	23-Jan	24-Jan	26-Jan	28-Jan	29-Jan	30-Jan	31-Jan	02-Feb	04-Feb	05-Feb	06-Feb
Ami Pantridge												
Bryn Smith												
Connor McKillop												
Emma Hammond												
Fabrice Hammerlindl												
Finn Bailey												
Harri Ravenscroft												
Joseph Lawrie												
Lewis Bailey												
Matthew French												
Richard Ushiro-Lumb												
Sian Wotherspoon												
Tommy Ruler												

B Squad

	Thu	Sat	Sun	Mon	Tue	Thu	Sat	Sun	Mon	Tue	Thu	Sat
Swimmer	05-Jan	07-Jan	08-Jan	09-Jan	10-Jan	12-Jan	14-Jan	15-Jan	16-Jan	17-Jan	19-Jan	21-Jan
Amy Lewington												
Emily Cubitt												
Georgia Hylton												
Harvey Hendry												
Katie Brown												
Lucy Wotherspoon												
Mary-Anne Grego												
Matthew Saunders												
Oliver Seber												
Sarah Donlon												
Zoe Harris												

	Sun	Mon	Tue	Thu	Sat	Sun	Mon	Tue	Thu	Sat	Sun	Mon
Swimmer	22-Jan	23-Jan	24-Jan	26-Jan	28-Jan	29-Jan	30-Jan	31-Jan	02-Feb	04-Feb	05-Feb	06-Feb
Amy Lewington												
Emily Cubitt												
Georgia Hylton												
Harvey Hendry												
Katie Brown												
Lucy Wotherspoon												
Mary-Anne Grego												
Matthew Saunders												
Oliver Seber												
Sarah Donlon												
Zoe Harris												

Yellow

	Thu	Sat	Sun	Mon	Tue	Thu	Sat	Sun	Mon	Tue	Thu	Sat
Swimmer	05-Jan	07-Jan	08-Jan	09-Jan	10-Jan	12-Jan	14-Jan	15-Jan	16-Jan	17-Jan	19-Jan	21-Jan
Alice Sones												
Aniela Zychowicz												
Anna Stafford												
Annie Cox												
Annie Turner												
Ellie Couves												
Francesca Healy												
Georgia Moran												
Georgina Harvey												
Hannah Hunt												
Imogen Tomlinson												
Jade Mather												
Katherine Lausch												
Laura Parsons												
Noah Dean												
Rochelle Jack												
Sarah Granger												
Sarah Hammond												
Stan Ricketts												
Celina (WA)												
Gemma (WA)												
Harriet (WA)												
Katie (WA)												

	Sun	Mon	Tue	Thu	Sat	Sun	Mon	Tue	Thu	Sat	Sun	Mon
Swimmer	22-Jan	23-Jan	24-Jan	26-Jan	28-Jan	29-Jan	30-Jan	31-Jan	02-Feb	04-Feb	05-Feb	06-Feb
Alice Sones												
Aniela Zychowicz												
Anna Stafford												
Annie Cox												
Annie Turner												
Ellie Couves												
Francesca Healy												
Georgia Moran												
Georgina Harvey												
Hannah Hunt												
Imogen Tomlinson												
Jade Mather												
Katherine Lausch												
Laura Parsons												
Noah Dean												
Rochelle Jack												
Sarah Granger												
Sarah Hammond												
Stan Ricketts												
Celina (WA)												
Gemma (WA)												
Harriet (WA)												
Katie (WA)												

Green

	Thu	Sat	Sun	Mon	Thu	Sat	Sun	Mon	Thu	Sat	Sun	Mon
Swimmer	05-Jan	07-Jan	08-Jan	09-Jan	12-Jan	14-Jan	15-Jan	16-Jan	19-Jan	21-Jan	22-Jan	23-Jan
Adam Williams												
Amy Beech												
Amy Matthews												
Andrew Wroe												
Angharad Goodwin												
Chloe Nicklin												
Ethan Ruler												
George Keeley												
Joanna Averill												
Kieran Pond												
Kim Bowker												
Lucy Wheeler												
Martin James												
Oliver Rees												
Peter James												
Rachel Pearce												
Robert James												
Robert Matthews												
Sarah McKillop												

	Thu	Sat	Sun	Mon	Thu	Sat	Sun	Mon	Thu	Sat	Sun	Mon
Swimmer	26-Jan	28-Jan	29-Jan	30-Jan	02-Feb	04-Feb	05-Feb	06-Feb	09-Feb	11-Feb	12-Feb	13-Feb
Adam Williams												
Amy Beech												
Amy Matthews												
Andrew Wroe												
Angharad Goodwin												
Chloe Nicklin												
Ethan Ruler												
George Keeley												
Joanna Averill												
Kieran Pond												
Kim Bowker												
Lucy Wheeler												
Martin James												
Oliver Rees												
Peter James												
Rachel Pearce												
Robert James												
Robert Matthews												
Sarah McKillop												

Blue

	Thu	Sat	Sun	Tue	Thu	Sat	Sun	Tue	Thu	Sat	Sun	Tue
Swimmer	05-Jan	07-Jan	08-Jan	10-Jan	12-Jan	14-Jan	15-Jan	17-Jan	19-Jan	21-Jan	22-Jan	24-Jan
Alex Haveron Jones												
Anna Branch												
Charlotte Brown												
Edward Gooddy												
Eleanor Coxwell												
Elliot Walker												
George Flowers												
Grace Storr												
Jack Philp												
Kieran Pargeter												
Lauren Philp												
Louie McGrath												
Louise French												
Michael Hannaford												
Millie Simons												
Nancy Southby												
Rhys Walker												
Robert Bowker												
Scarlet Storr												
Sophie Smith												

	Thu	Sat	Sun	Tue	Thu	Sat	Sun	Tue	Thu	Sat	Sun	Tue
Swimmer	26-Jan	28-Jan	29-Jan	31-Jan	02-Feb	04-Feb	05-Feb	07-Feb	09-Feb	11-Feb	12-Feb	14-Feb
Alex Haveron Jones												
Anna Branch												
Charlotte Brown												
Edward Gooddy												
Eleanor Coxwell												
Elliot Walker												
George Flowers												
Grace Storr												
Jack Philp												
Kieran Pargeter												
Lauren Philp												
Louie McGrath												
Louise French												
Michael Hannaford												
Millie Simons												
Nancy Southby												
Rhys Walker												
Robert Bowker												
Scarlet Storr												
Sophie Smith												

Minnows

	Sat	Tue	Sat	Tue	Sat	Tue	Sat	Tue	Sat	Tue	Sat	Tue
Swimmer	07-Jan	10-Jan	14-Jan	17-Jan	21-Jan	24-Jan	28-Jan	31-Jan	04-Feb	07-Feb	11-Feb	14-Feb
Alfie Flowers												
Amy Dring												
Daniel Ryan												
Dominic Brown												
Dylan Biggs												
Ella Hobbs												
Imogen Bell												
Isabella Tasker												
Izzy Keeley												
Jessica Mornard												
Kathryn Ryan												
Maks Zychowicz												
Max Armstrong												
Molly Hobbs												
Olivia Ferguson												
Phoebe Hendry												
Sarah Pearce												
Tiegan Owen												

Tadpoles

	Sat	Tue	Sat	Tue	Sat	Tue	Sat	Tue	Sat	Tue	Sat	Tue
Swimmer	07-Jan	10-Jan	14-Jan	17-Jan	21-Jan	24-Jan	28-Jan	31-Jan	04-Feb	07-Feb	11-Feb	14-Feb
Aggie Wildgoose												
Amber Joy												
Andrew Hanniford												
Annabelle James												
Cleo Sloggett												
Franceasca Perry												
Jamie Carter												
Katie Haveron Jones												
Lewis Fox												
Luke Pargeter												
Maddie Owen												
Milly Bell												
Rhys Jones												
Robert Ayres												